

PENINSULA HOSPITAL CENTER RECEIVES APPROVAL FOR NEW CARDIAC CATHETERIZATION LABORATORY

Peninsula Hospital Center is pleased to announce the approval of the hospital's request to construct a \$9 million cardiac catheterization laboratory. "The New York State Department of Health's certificate of need approval for a cath lab at Peninsula Hospital Center marks a major step forward in the Hospital Center's goal of developing an Advanced Cardiovascular Services Center of Excellence," said Robert V. Levine, President and Chief Executive Officer.

Construction on the cardiac catheterization laboratory will begin this year. Following its completion date, Peninsula Hospital Center will be the only hospital center featuring a cardiac cath lab on the South Shore of Queens County, the Rockaways and the Five Towns of Nassau County. Peninsula Hospital Center maintains an active affiliation with the North Shore-Long Island Jewish Health System and the new adult cardiac catheterization service will be in coordination with LIJ Medical Center's cardiology program. The cardiac cath lab will have full-time staffing and efficient mechanisms for appropriate

patient transfers between Peninsula Hospital Center and LIJ Medical Center when required.

"Our cardiology volumes continue to grow and this is a much-needed expansion of our cardiac services," says Dr. Narendra Hadpawat, Chief, Cardiology at PHC. "Physicians use cardiac catheterization to determine whether a patient with chest pain or other cardiac symptoms has a cardiovascular problem. This diagnostic tool allows a cardiologist to precisely determine how well the heart is pumping and to examine blood flow through the heart arteries – it is like taking a picture of a patient's heart."

Should the catheterization show that the patient requires further cardiac intervention, the patient will be managed by the same cardiology team. "Peninsula Hospital Center's patients will also benefit from the hospital's relationship with LIJ Medical Center which received New York State's #1 ranking last year for its Angioplasty success rate," says Mr. Levine.



HAPPY ANNIVERSARY

**CELEBRATE OUR SPECIAL
100TH ANNIVERSARY
WITH US**

**100TH ANNIVERSARY BALL
SUNDAY, NOV. 4, 2007
RUSSO'S ON THE BAY**

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Admitting (718) 734-2600

Ambulatory Surgery (718) 734-3001

Audiology (718) 734-2779

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Chemotherapy (718) 734-3017

Radiation Oncology (718) 734-2620

DENTAL DEPARTMENT

(718) 734-2770

DIABETES TREATMENT CENTER

(718) 734-2345

EKG/EEG/ECHO

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EYE CARE CENTER

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EXTERNAL AFFAIRS/DEVELOPMENT/SPEAKERS' BUREAU

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FAMILY HEALTH CENTER

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LABORATORY OUTPATIENT SERVICES

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PATIENT INFORMATION

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EXTENDED CARE AND REHABILITATION

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Administration (718) 734-2750

Adult Day Care (718) 734-2743

Nursing Office (718) 734-2745

Social Work (718) 734-2755

MESSAGE FROM THE PRESIDENT AND CHIEF EXECUTIVE OFFICER



This is a very exciting year for Peninsula Hospital Center! We are delighted to be celebrating our 100th year of service to the community. Throughout these past 100 years, our overall mission has never changed: the provision of the highest quality care delivered in a safe, competent, compassionate, patient-centered, collaborative and professional manner – regardless of cultural, ethnic or racial background or one's ability to pay – every day.

Peninsula Hospital Center continues to provide a wide range of inpatient and outpatient medical and surgical services for people in our region along with the advanced technology necessary for timely and accurate diagnosis and treatment. Our goal is to provide our patients with the medical services and education needed to stay as healthy as possible. An experienced and committed team of health care professionals – many of whom are members of the communities served by the Hospital Center – provides our excellent services. Additionally, our Board of Directors are members of the community who generously provide input and advocacy on behalf of the Hospital Center and its patients – our neighbors.

Looking ahead to the next 100 years, we will continue to provide the quality health care that has become our tradition. We are commemorating our 100th anniversary with the following exciting "Century Projects" to better serve our community: **New Dedicated Pediatric Health Center, New Cardiac Catheterization Laboratory in collaboration with North Shore-LIJ Health System, New and Advanced Mammography Suites, New and Advanced Radiation Oncology Services, New Information Technology Services, Expanded and Advanced Inpatient Dialysis Services, Wound Care Center with Hyperbaric Chamber, Expanded Adult and Juvenile Diabetes Services, New Dedicated Pediatric Family Health Center Pediatric Services, New Surgical Services and free AngioScreen Technology.** These projects will expand and enhance our ability to provide quality health care – close to home.

As always, we are glad to be of service to you and your family and we are very pleased to be your community hospital.

Robert V. Levine

AFFILIATIONS:

- North Shore-Long Island Jewish Health System
- Joseph P. Addabbo Family Health Center

ACCREDITED BY:

- Joint Commission
- American Osteopathic Association (AOA)
- Academy of General Dentistry of Continuing Education (Post-Graduate Program)
- American College of Radiology
- Medical Society of the State of New York (CME)

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- Greater New York Hospital Association (GNYHA)
- Healthcare Association of New York State (HANYS)
- League of Voluntary Hospitals
- United Way of New York City

APPROVED BY:

- New York State Department of Health
- New York Bureau of Radiological Health
- New York Bureau of Laboratory Services

ADHC CELEBRATES 30 YEARS OF SERVICE

The Adult Day Health Care Center celebrated its 30th year of service to the community on May 4, 2007. Many of Rockaway's elected officials, along with members of the Board of Directors of Peninsula Hospital Center and the Extended Care Facility, administration, staff, volunteers and registrants of this unique medical/recreational facility joined together to mark this momentous occasion.

Left to right: Janet Miele-Powers, Sr. Vice President and Administrator of Peninsula Center for Extended Care and Rehabilitation; Assemblywoman Audrey Pheffer; Joel A. Miele Sr., P.E., Chairman of the Board; and Joyce Little, RN, ADHC Director.



DR. GABRIEL LEADS THE WAY IN NEW SURGICAL TECHNIQUE



During the past year, Nick H. Gabriel, D.O. F.A.C.O.S., Chief, Minimally Invasive Surgery at Peninsula Hospital Center, began performing Gastric Pacemaker insertions at the Hospital Center. Dr. Gabriel joined the staff of the Hospital Center in March of 2005. In April 2006, Dr. Gabriel performed a groundbreaking surgery when he first utilized the new state-of-the-art laparoscopic surgical technology acquired by PHC.

He has published articles on electric stimulation for gastroparesis and has performed numerous identical surgeries. These breakthrough operations performed by Dr. Gabriel at the Hospital Center mark the first of such surgeries in this area of the city and the surrounding areas. Some patients who

have undergone this groundbreaking surgery traveled from as far away as Virginia and Florida for the opportunity of receiving first hand Dr. Gabriel's special brand of proficiency.

Dr. Gabriel also serves as the Director of the Surgical Residency Program. He is board-certified in General Surgery, with expertise in minimally invasive surgery. According to Peter A. Galvin, M.D., Chief Medical Officer, "We at PHC are pleased to be offering this new procedure to the public. Dr. Gabriel and his minimally invasive surgical team are on the cutting edge of medical care and patients will be coming from far and wide to avail themselves of this new procedure. Once again, PHC is proud to lead the way for new developments in medical care in the Rockaways."

MURÉ FAMILY RAISES MONEY FOR PEDIATRIC DIABETES

Robert V. Levine (left), President and Chief Executive Officer of Peninsula Hospital Center, is shown thanking Joseph Muré, Jr., Esq. (right), Member of the Hospital Center's Board of Directors, who, on behalf of his family, presented the Hospital Center with a check for \$25,000.00. These funds represent monies raised by the Muré family through a variety of annual fund raising efforts which benefit the Pediatric Diabetes Treatment Program at PHC and the Juvenile Diabetes Research Foundation, where Mr. Muré is the Vice President of Branch Development. "We, as a hospital center, are so privileged to have a supportive community," stated Mr. Levine. "Joe and his family have made a significant difference and because of their efforts, our Pediatric Diabetes Treatment Program has continued to grow. This is a collaboration which truly benefits the public health of the children of our rapidly growing community."



FREE ANGIOSCREEN

Peter Nelson, PhD, Executive Director, and Alfonso Chan, MD, Chief Medical Officer of the Joseph P. Addabbo Family Health Center, joined members of Peninsula Hospital Center's staff for a tour and demonstration of PHC's new AngioScreen technology. This less-than-10-minute non-invasive screening tool helps individuals determine their risk for heart attack or stroke through an integrated vascular screening. Screening participants and their physicians receive color pictures of the participants' arteries after screening. This technology will allow the participants and their physicians to search out the medical intervention they may need to prevent a heart attack or stroke.

Peninsula Hospital Center, affiliate for the Addabbo Family Health Center, is collaborating again to improve the health of the Rockaways. Peninsula Hospital Center initiated this free screening program in April of 2007 as part of its 100th Anniversary "Century" Celebration.

To make an appointment for your free AngioScreen, call 718-734-3119.



Left to right: PHC's Valerie Noel, EKG Technologist; Charmont Young, Vascular Technologist; Allen Corby, Vice President, Operations, Peninsula Hospital Center; Dr. Peter Nelson, Executive Director; and Dr. Alfonso Chan, Chief Medical Officer of the Joseph P. Addabbo Family Health Center; and Jim Martinez, Administrative Director PHC Imaging Services.

WE'RE GROWING ALONG WITH THE COMMUNITY

Have you ever thought about whether your community hospital is prepared and equipped to save your life or the life of someone you love? Here at Peninsula Hospital Center, we think about that each and every day and take this responsibility very seriously. We know that you, your family and your friends depend on us.

Our "Century Projects" have all been planned to keep pace with and benefit our rapidly growing community and its health. Your generosity over the years has helped the Hospital Center acquire new technology such as our MRA/MRI,



16-slice CT scanner, upgraded and remodeled Mammography Suites, Ambulatory Surgery Unit and the renovation and expansion of our Emergency Department.

Your gift today, in an amount you can afford, will be returned to you and to the community in the form of advanced and more sophisticated technology, a cardiac catheterization laboratory, upgraded radiation oncology services and more – in other words, better health care for you, when you need it, close to home.

Please call the External Affairs/Development Office at 718-734-2506 to discuss the many ways you can help.

Remember, it takes years to build a hospital, but only seconds to need it.



SAYING GOODBYE TO A DEAR FRIEND...

The Peninsula Hospital Center and Peninsula Center for Extended Care and Rehabilitation families are deeply saddened by the passing of one of its most admired and cherished friends, Anne F. Levine, PHC Auxiliary Co-President, Benefactor, devoted advocate for the Hospital Center and beloved mother of Robert V. Levine, President and Chief Executive Officer. Sincere condolences to Anne's children, Rose Klein (Sylvan), David Levine (Pam) and Robert Levine (Phyllis); and grandchildren Joshua (Tiffany), Jessica, Alanna, Daniel, Michael, Jordan and Scott. Anne's gracious warmth and charming presence will be dearly missed.

2007 NURSES OF DISTINCTION NAMED



Margaret Galligan, CCRN



Marilou P. Espiritu, RN

Peninsula Hospital Center and Peninsula Center for Extended Care and Rehabilitation (PCECR) have a time-honored tradition of presenting two Nurse of Distinction Awards to extraordinary professionals who clearly exhibit the three "C's of nursing": Competence – measured by on the job performance and experience; Commitment – measured in dedication to patients, peers, self and the profession of nursing, and Connection - shown in the effective communication of nursing excellence to others.

This year's Nurses of Distinction are Margaret Galligan, CCRN, Assistant Head Nurse of the Critical Care Unit and Marilou Espiritu, RN, Nurse Care Manager of 3 Bay at PCECR.

Margaret Galligan, CCRN, is also a member of the rapid response team and shares her three decades of experience with the medical/surgical nurses. She is a graduate of CCNY School of Nursing where she earned her Bachelor of Science and her Registered Nursing degrees simultaneously.

MariLou P. Espiritu, RN, is the Nurse Care Manager of 3 Bay in PCECR, where she originally began in 1986 as a licensed practical nurse. She attended high school and graduate nursing school in Manila, Philippines. Her first professional nursing assignment was at the Ft. Bonifacio Army Hospital in Manila where she worked in obstetrics, gynecology, the emergency department and medical/surgery unit.

NEW HEALTH INFORMATION TECHNOLOGY COMING SOON

Peninsula Hospital Center will soon be able to access vital patient record and test results with the "click of the mouse" due to the new health information technology system soon to be in place. This phase of the new technology was made possible by a \$500,000 allocation from New York City Councilmember James Sanders, Jr. who presented a check to the Hospital Center on March 29, 2007. Along with Councilmember Sanders, NYC Councilmember Joseph Addabbo, Jr. was instrumental in assisting the Hospital Center in acquiring additional City Council allocations to be utilized for the purchase of the very latest in new medical technology – all of which will enhance the delivery of quality health care to the community.



RESPIRATORY CARE DEPARTMENT NATIONALLY RECOGNIZED



Peninsula Hospital Center recently received its annual renewal as a national Quality Respiratory Care Recognition (QRCR) hospital for 2007. This national certification program is aimed at helping patients and families make informed decisions about the quality of the respiratory care services available in the hospitals in their communities.

To qualify for the QRCR recognition award, Peninsula Hospital Center provided documentation showing that it met the following conditions: All respiratory therapists employed by the hospital who deliver bedside respiratory care services are either legally recognized by the state as competent to provide respiratory care services or hold the CRT or RRT credential; respiratory therapists are available 24 hours a day; other personnel qualified to perform specific respiratory procedures and the amount of supervision must be designated in writing; a doctor of medicine or osteopathy is designated as medical director of respiratory care services.

Only 500, or approximately 10%, of all of the hospitals in the United States have applied for and received this prestigious award. Ed Ozechowsky, Director of Cardio-Pulmonary Services, oversees the Respiratory Therapy Department of the Hospital Center and was very pleased to announce that Peninsula Hospital Center holds the distinction of receiving this award for the past five consecutive years.

Shown with one of the newly acquired state-of-the-art Critical Care Ventilators are left to right: Luciana Caputo, RT; Celestine Melville, RT; Edward Ozechowski, RT (Director, Respiratory Therapy); Sin Ying Ying, RT; and Francois Colas, RT.



THANK YOU TO OUR VOLUNTEERS AND TO THE PHC AUXILIARY

Peninsula Hospital Center recently celebrated a very important occasion - National Volunteer Appreciation Month. Our volunteers "Make a Difference Every Day" in the lives of our patients and our staff. A special heartfelt thank you goes to each and every one for their dedication, time and talents throughout the year.

For more information on serving as a member of the PHC Auxiliary or as a member of our Volunteer Team, please call 718-734-2506.

Photo 1: Jack Schulman, age 94, has been a valued hospital volunteer for nearly two decades.

Photo 2: Jack Domfort, pictured here with his wife, Phyllis (also a volunteer), has given more than 1,000 hours of volunteer service during the past year.

Photo 3: Joan Ryan, Fund Raising Chairperson with the PHC Auxiliary, is pictured with Sheila Schwartz, President of the PHC Auxiliary.

STATE-OF-THE-ART MAMMOGRAPHY SUITE AT PHC

There's No Time Like the Present to Make an Appointment

The Hospital Center has unveiled its new state-of-the-art mammography suite. A second mammography suite was recently created, which has greatly reduced the wait time for appointments. PHC Board Officer Nancy Vardakis is responsible for spearheading the newly decorated female-focused suite. Thanks to the efforts of Ms. Vardakis and a core group of benefactors who took on the Mammography Suite as their personal project, the Mammography Suite now features a design appealing to feminine sensibilities as well as the very latest in mammography technology.

These state-of-the-art units were selected because they deliver the best image and quality while ensuring the greatest patient comfort. They are capable of visualizing even pinpoint abnormalities. The mammography system is also capable of performing stereotactic needle biopsy without the need for an open surgical procedure. According to Dr. Richard Steinberg, co-director of the Hospital Center's Mammography Unit, the professionals who staff the suite are "well-trained and experienced and bring a high level of technical expertise to the unit, and, just as important, bring a singular level of caring and compassion to our patients."

Jim Martinez, Administrative Director of Imaging Services at PHC also points out, "Early detection is crucial when it comes to the diagnosis of breast cancer. And, there is no longer an excuse for putting off an appointment because state-of-the-art technology is accessible right here in the Rockaway community, in a beautiful new mammography suite." To make that potentially life-saving appointment for your next mammogram at Peninsula Hospital Center, call 718-734-2610.

LABORATORY RECEIVES NATIONAL QUALITY APPROVAL



Peninsula Hospital Center Laboratory Supervisors proudly display their recent Joint Commission Accreditation Certificate. Left to right: Greg Guinard, LIS Coordinator; Aida O. Agtarap, Chemistry Supervisor; Shirleyne Sheeko, Microbiology Supervisor; and Djamel Bentarzi, Blood Bank Hematology Supervisor.

MRI IS BEST ON THE PENINSULA

ACR Accreditation Renewed

Peninsula Hospital Center was recently notified of the renewal of a three-year term accreditation for its Siemens 1.5T SYMPHONY Magnetic Resonance Imaging (MRI) system as the result of a recent survey by the American College of Radiology (ACR), making it the only such ACR accredited facility having a 1.5 Tesla High Field Strength MRI scanner on the Rockaway Peninsula. The ACR, headquartered in Reston, Va., awards accreditation to facilities for the achievement of high practice standards after a peer-review evaluation. Rigorous evaluations were conducted by board-certified physicians and medical physicists, and experts in the field who assess the qualifications of the personnel and the adequacy of the facility equipment. The surveyors then reported their findings to the ACR's Committee on Accreditation and renewed Hospital Center's ACR accreditation through December 2009.

Committed to offering its patients the latest advances in medical technology, Peninsula Hospital Center prides itself on its Siemens 1.5 Tesla MRI scanner, a very powerful machine that produces much greater imaging clarity than some low-field strength (open) MRI scanners. The Hospital Center's MRI provides high-resolution scans of the body and is used for studies of the carotid arteries, cerebral vessels, aorta and lower extremities. In addition, PHC's equipment allows testing to be done more quickly, with most scans taking 15 minutes.

The Imaging Services team, under the expert supervision of Stanley Sprecher, MD, Richard Steinberg, MD, and Jim Martinez, Administrative Director of Radiology, leads Peninsula Hospital Center to excellence. MRI technologists Jeff Papkin, Michael Barnett and Michael Kennedy are all ARRT and MRI certified. Accreditation by the ACR demonstrates a commitment to quality care and patient safety.

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